

# Individualized Care Plan for Food Allergies, Food Intolerances, or Family Preferences

Policy: Ensuring Children's Nutritional well being (N.A.E.Y.C 5.B.5) For each child with special health care needs or food allergies or special nutrition needs, the child's health provider gives the program an individualized care plan that is prepared in consultation with family members and specialists involved in the child's care. The program protects children with food allergies from contact with the problem food. The program asks families of a child with food allergies to give consent for posting information about that child's food allergy and, if consent is given, then posts that information in the food preparation area and in the areas of the facility the child uses so it is a visual reminder to all those who interact with the child during the program day. UITPK

Procedure: Food Allergies, Food Intolerances, or Family Preferences

- Families and their doctor review monthly menus to determine menu items not suitable for their child.
- Family provides
  - signed Food Transportation Form ensuring food is transported in a safe manner that program can serve.
  - all Substitute menu items several days in advance of meal
    1. Labeled with child's name and classroom
    2. Labeled with the date, and which menu item substitute is for
- All substitutes are taken directly to the kitchen. Substitutes **are not** to be dropped off or stored in the classrooms for any reason.
- Food Services will serve all substitutes on the carts – labeled as families directed; special milks will be taken down by the carton.

This system is designed to provide accurate services regardless of the teachers present because it is the family and food services working closely.

When special milk substitutes get low, Food Services will email the families directly, copying Family and Community Relations Director, Director, and Classrooms. Classroom Teacher will then make a note on the daily until the substitutes are brought in. When substitutes are brought in, Food Services will send a thank you email and copy Family and Community Relations Director, Director, and Classrooms.