

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b>					
<b>Starch</b>	Assorted	Strawberry	Cream of Wheat	Cornd Beef	Bagel w\ Cream
<b>Fruit</b>	Donuts(∞*)	PopTart(♥)	Bananas(°)	Hash(Ω)	Cheese(*)
<b>Other</b>		Syurp(°)		Apples	Juice(~)
<b>AM Snack</b>	Club	Oyster	Blueberry(♥)	Cheddar	Pita Chips(♥)
<b>Component</b>	Crackers	Crackers	Nutragrain Bars	Goldfish(*)	Ritz for ITT
<b>Lunch</b>	Homemade		Homemade		
<b>Protien</b>	Fettuchini	Chicken Breast	Beef	Cheese	Popcorn Shrimp
<b>Starch</b>	Alfredo(♥*)	Nugget(♥)	Stroganoff(Ω&*)	Pizza(♥*)	Hushpuppies(*&)
<b>Fruit</b>	Apricots(° ^)	Peaches(° ^)	Pears(°)	Pineapple(°)	Oranges(° ~)
<b>Vegetable</b>	Green Beans(°)	Green Peas(° ^)	Mixed Veggies(°)	Corn(°)	Cucumber(°)
<b>Other</b>					Ranch preschool
<b>PM Snack</b>	Wheat Thins(♥)	Teddy	Biscuits(*)	Sea	Graham
<b>Component</b>	Ritz for ITT	Grahams	Cinnamon/Sugar	Creatures(∞*)	Crackers

1 Serving Spoon Is Equal To 1/4 Cup

(♥) Made With Whole Grain

(\*) Contains Milk

(&) Contains Egg

(∞) May Contain Traces of Peanut

(Ω) Contains Beef

(°) Gluten Free

(~) Meets Vitamin C Requirements

(^) Meets Vitamin A Requirements

All Hot Food Held At 141 Degrees or Higher

All Cold Foods Held At 40 Degrees or Lower

Serving Sizes:

Protien:

Fruit and Vegetable:

Starch:

Drink:

ITT

1oz

1/4c

1oz

1/2c

Preschool

1.5oz

1/2c

1.5oz

3/4c

School Age

2oz

3/4c

2oz

1c

Meals Served At:

Breakfast - 7:30am-8:00am

AM Snack - 9:30am-10:00am

Lunch- 11:30am-12:15pm

PM Snack -3:00pm-4:00pm

Beverages Served:

Breakfast - Milk

AM Snack 100% Juice(~)

Lunch - Milk

PM Snack - Milk